

TEXAS NEURO SPINE INSTITUTE, P.A.

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Post Operative Instructions for Brain Surgery

- 1) Change dressing daily with gauze and tape until your first post op visit. The dressing does not need to be air tight. The hospital will provide dressings. If you run out of dressings, you can buy more at CVS or Walgreens.
 - a. If your dressing becomes wet, it is ok to change the dressing more than once per day.
- 2) Do not get the incision wet until day 5 after the surgery. When you get ready to take a shower, take the dressing off, run water over the incision(no soap/ointments/creams), then blot the incision dry, and place a new dressing.
- 3) No driving for at least 2 weeks after the surgery. Do not drive while taking narcotic pain medications. Please ask the office before you start driving.
- 4) You need an appointment for 2 weeks after the surgery. If you do not already have one, please call the office.
- 5) You are encouraged to walk throughout the day. We recommended walking 15-20 minutes every couple of hours throughout the day. If you are not able to walk frequently then use the incentive spirometer provided by the hospital throughout the day.
- 6) Call the office(214-393-5007) immediately if you:
 - a. Have a fever greater then 101
 - b. Notice drainage from the incision site
 - c. Notice redness around the incision site
 - d. Develop significant weakness/numbness not present before the surgery