

BRET REDMAN

Bala K. Giri, M.D.

NEUROSURGERY AND SPINE SURGERY

Dr. Bala Giri and his dedicated team of healthcare professionals provide advanced care for spinal conditions, specializing in minimally invasive techniques, navigation, and robotics. With extensive neurosurgical training, Dr. Giri combines precision in treating the spinal skeleton with the utmost respect for the delicate nervous system. His mission is simple yet powerful: to help patients return to normal activity and enjoy the highest possible quality of life after treatment or surgery.

A strong advocate for patient-centered care, Dr. Giri emphasizes exploring every nonsurgical option before recommending surgery. When surgery is the best choice, he employs the latest minimally invasive techniques—including neuronavigation and robotics—designed to reduce pain, shorten hospital stays, and accelerate recovery. His practice delivers leading-edge spinal care for a wide range of conditions, including herniated discs, degenerative disc disease, spinal stenosis, spondylolisthesis, spinal fractures, spinal tumors, and osteoporosis-related spine problems. He also provides surgical expertise in select brain and peripheral nerve disorders, including brain tumors and carpal tunnel syndrome.

Board certified by the American Board of Neurological Surgery, Dr. Giri has served the Dallas community for more than 25 years. He previously held leadership roles as chief of spine surgery and chief of neurosurgery at Methodist Dallas Medical Center and is on staff at both Methodist Dallas Medical Center and Methodist Hospital for Surgery. His expertise has earned him invitations to lecture and perform surgeries internationally, as well as media recognition on local and international news outlets and the Discovery Health Channel.

A graduate with honors from Johns Hopkins University and Johns Hopkins School of Medicine, Dr. Giri has been named a *D Magazine* Best Doctor in Dallas every year for the past 22 years—a testament to his enduring excellence in patient care and innovation in neurosurgery.

EDUCATION
B.A., Johns Hopkins University
M.D., Johns Hopkins Medical School
Residency, Baylor College of Medicine

TEXAS NEURO SPINE INSTITUTE
1411 North Beckley Avenue
Pavilion III, Suite 474
Dallas, Texas 75203
214.393.5007

txspineinstitute.com